

TRINIDAD AND TOBAGO



Ms Kevar Williams – Deputy Permanent Secretary, Ministry of Labour

Ms. Lyra Thompson – Hollingsworth – Coordinator of National Alcohol and Drug Abuse Prevention Programme (NADAPP)

GEOGRAPHY



Alignment of National Drug Plan 2021-2025 and National Wellness Policy

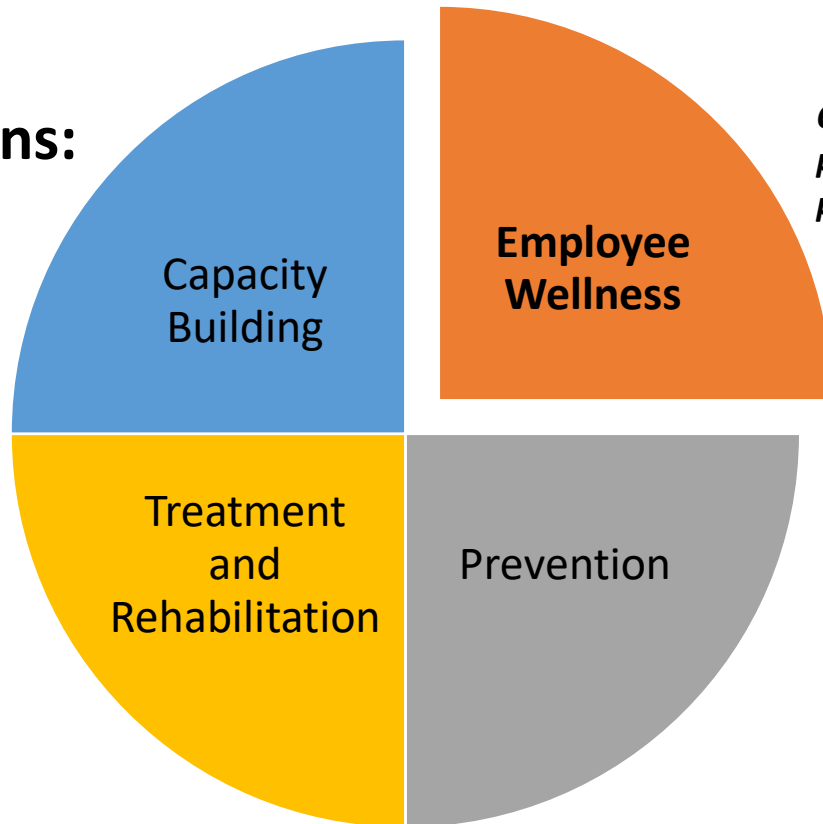




Demand Reduction Pillar

Goal: Improve the physical, mental, social, spiritual and economic health and well-being of citizens.

Recommendations:



Create partnership and collaboration between public and private sector organizations to implement sustained prevention initiatives in the workplace.

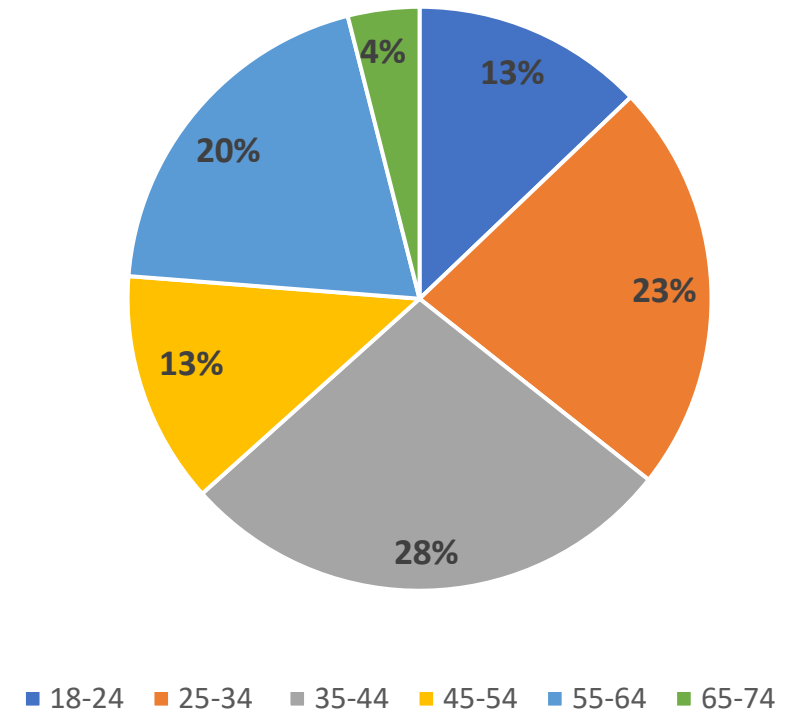
TERRITORY/ COMMUNITY

- Trinidad and Tobago
- **Employees** of the Public sector & Private sector (estimated 630,000)

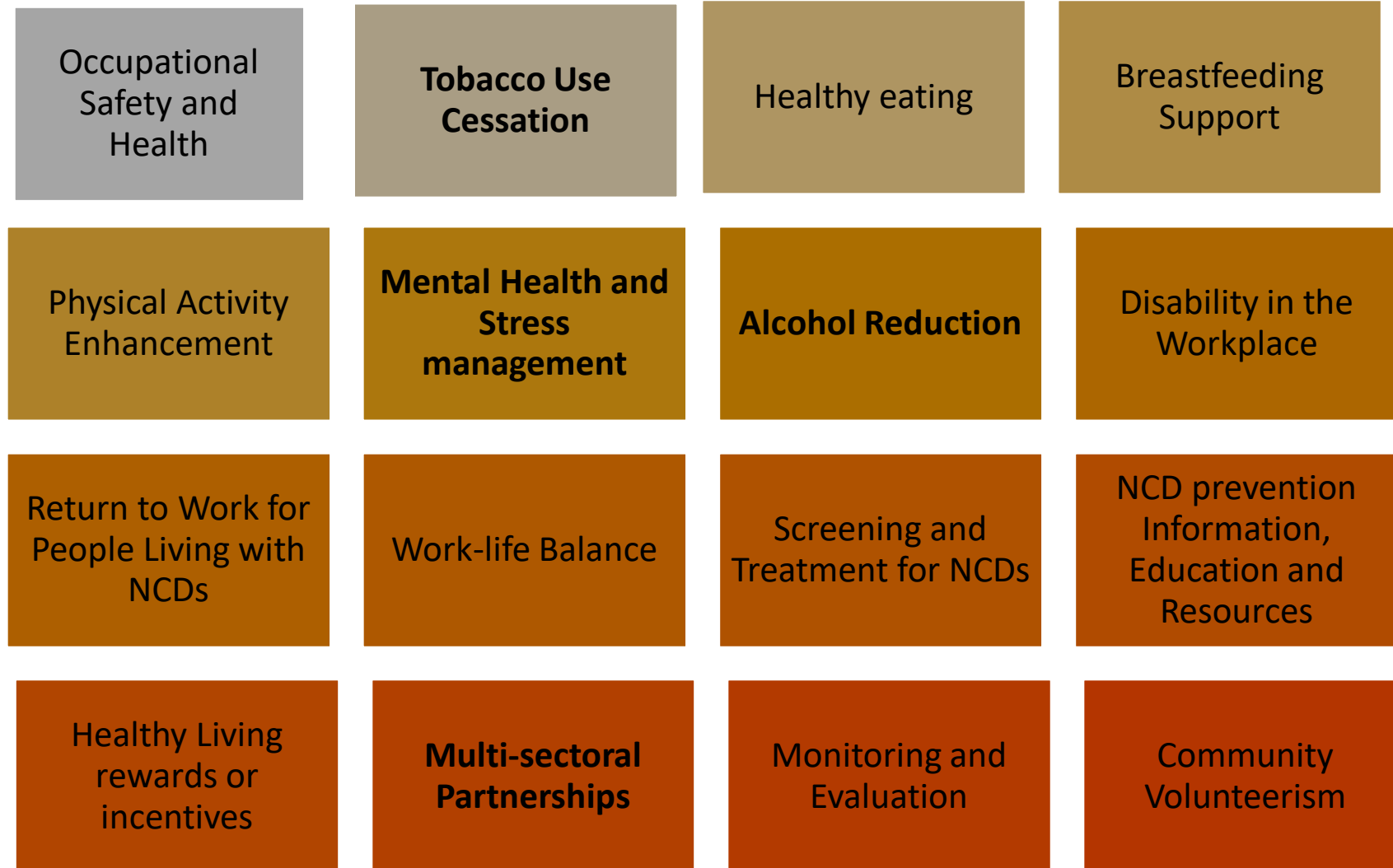
Reason for Employee wellness policy

- Non-communicable Diseases (NCDs) account for 7 out of every 10 deaths in the Caribbean
- 40% of which occur prematurely within the most productive years
- Employed and vulnerable to substance abuse
- 51% of persons accessing treatment are between the ages 24-35 who are in working age category

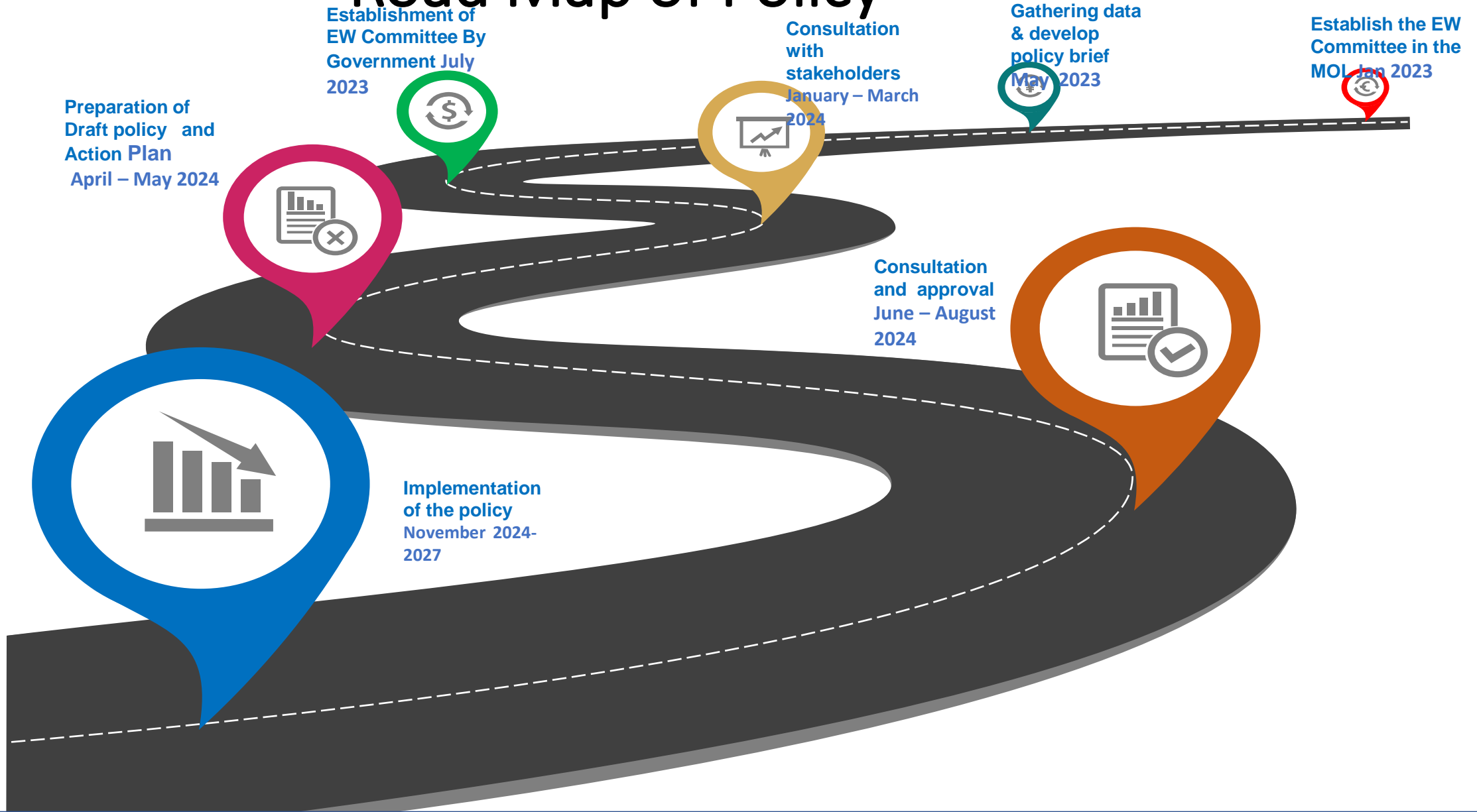
Age Distribution of Persons in Treatment 2022



16 key elements (and their components) contribute to a successful workplace wellness programme.



Road Map of Policy



Preparation of
Draft policy and
Action Plan
April – May 2024

Establishment of
EW Committee By
Government July
2023

Consultation
with
stakeholders
January – March
2024

Gathering data
& develop
policy brief
May 2023

Establish the EW
Committee in the
MOI Jan 2023

Consultation
and approval
June – August
2024

Implementation
of the policy
November 2024-
2027



Estimated Cost

US\$200,000