

HOW TO BETTER ADDRESS PROBLEMATIC USE OF PSYCHOACTIVE SUBSTANCES WITHIN THE SEXUALLY DIVERSE POPULATION

1. INTRODUCE YOURSELF,

give your name, occupation, and medical specialty, to establish the necessary trust relationship.



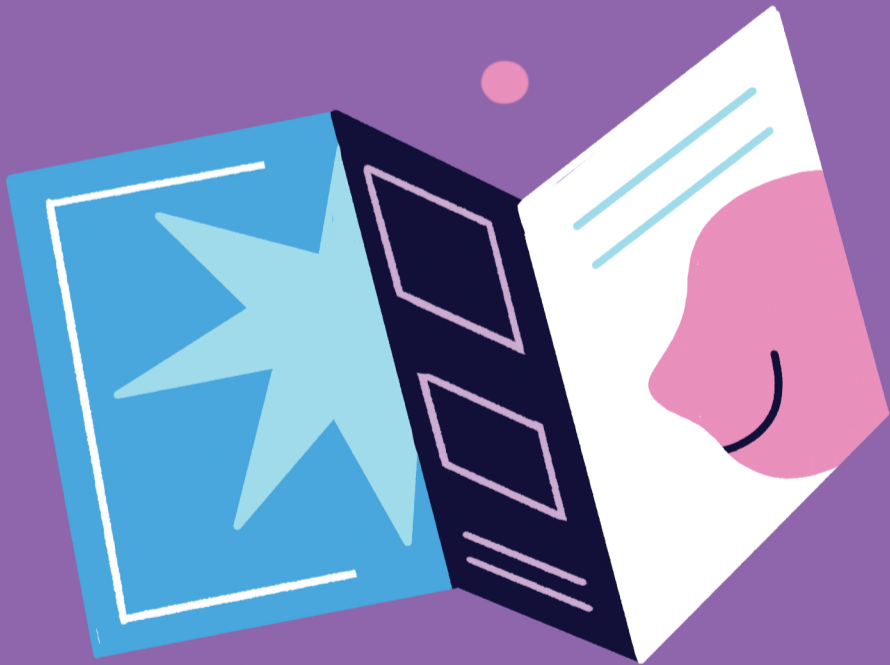
2. Be sure to **RESPECT THEIR IDENTITY** by appropriately using the name, gender, and pronoun with which they identify themselves.

3. DO NOT ASSUME

the binary functionality of bodies based on gender identity. Avoid discussing sex assigned at birth or hormonal/surgical treatments **if they are not relevant** to the health issue at hand.



4. Use **INCLUSIVE** informational materials and symbols that represent sexual diversity. Interact only with the health topic at hand **without invading their private lives**.



5. Treat their **MEDICAL HISTORY** with sensitivity, focusing on the person, their well-being, and **without prejudices** of identity, behavior, or use of psychoactive substances. Make a comprehensive diagnosis.



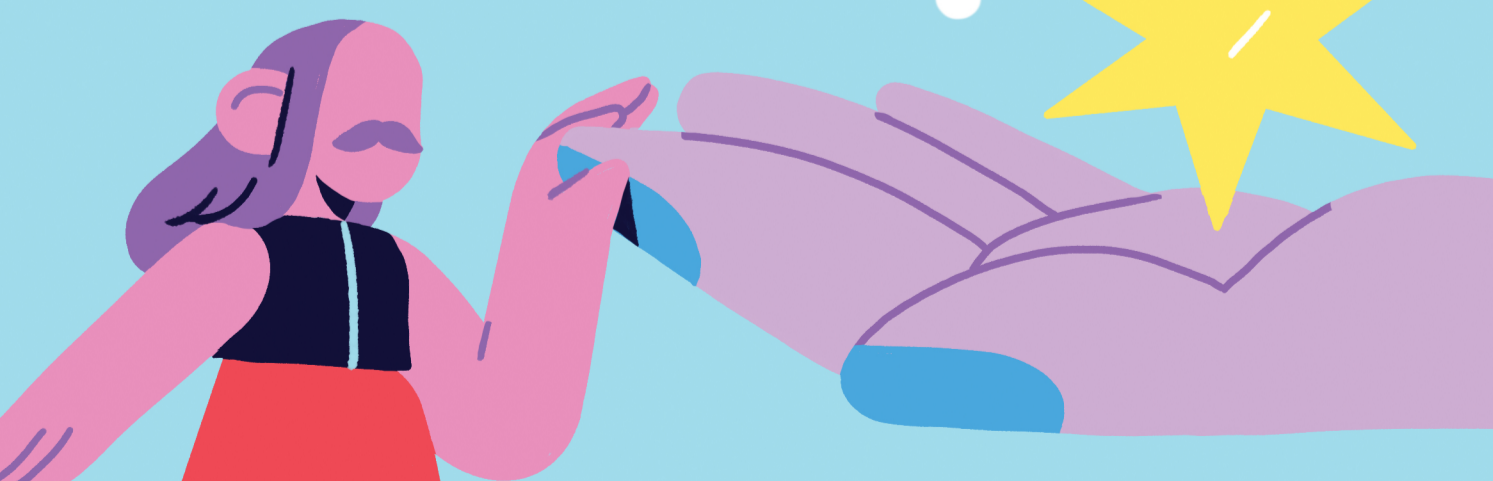
6. GUARANTEE THEIR CONFIDENTIALITY,

privacy, and personal intimacy. Emphasize that their data will be protected.



7. PROVIDE DETAILED,

inclusive, sensitive, and clear **information** on the use of psychoactive substances, associated risks, and available therapeutic alternatives.



8. OFFER CONSTANT AND AFFORDABLE SUPPORT,

referring to specialized services and social organizations that provide extra help. Encourage the meeting to jointly create knowledge, valuing the care resources of each person.